

Royal Double Shoulder Rotation

MSRP \$3,050.00

SALE \$2,347.00

Highlights:

- Two can workout together
- Improves flexibility in shoulders
- Stretching shoulders relaxes the muscles
- Powder-coat paint finish that looks good and prevent rusts

Age Group: Adult

Footprint: 2' 8" x 2' 11"

COMPLIES With:

ASTM F1487-17

CPSC PUB #325



The Royal Double Shoulder Rotation is a great way to strengthen your shoulder muscles and improve flexibility. This piece of fitness equipment is part of the Royal Series, and it will be an illustrious addition to any outdoor area. Up to two people can use this at once, so when you feel like quitting a friend can motivate you to new heights. This station's frame is made from steel posts that prevent rust with its powder-coat paint finish; making this unit ideal for outdoor scenarios. The included instructional guide details the correct way to use the equipment. Grasp the handles, rotate the steel wheel, and feel the burn. This workout will effectively stretch shoulders and improve flexibility while strengthening them. For further strength-training fun, add a resistance mechanism to the Royal Double Shoulder Rotation and enable your users to stretch even more effectively. It is a great way to get limber before a workout or prevent soreness with a post workout stretch.