

## Single Waist Twister

**MSRP \$1,228.00**

**SALE \$945.00**

### Highlights:

- Stretches the core when working out
- A fun and useful piece of fitness equipment
- Foot platform is designed to provide traction
- Two sets of handles for a choice of exercises

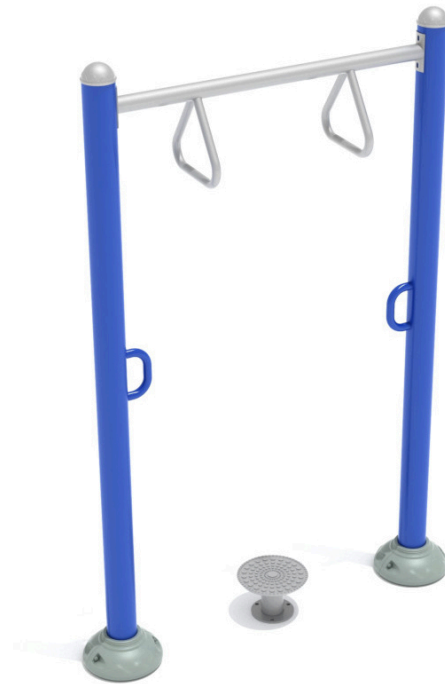
**Age Group:** Adult

**Footprint:** 1' 1" x 5' 3"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



Now you can twist your waist away with the Single Waist Twister. This piece of fitness equipment is designed to improve core strength. With a rotating platform at the center, patrons will stand on this while holding on to one of the two sets of handlebars. As they twist on the platform they will be toning and working their abdominal muscles; stretching both the core and hips. The platform has ridges that act as foot grips so users won't slip while using this piece of fitness equipment. The platform is made of roto-molded plastic that can endure being battered by people and weather. The majority of this equipment is galvanized steel that has been painted with an anti-rust coat called powder-coat. Add a little twist to your fitness trail with the Single Waist Twister.