

## Single Station Parallel Bars

**MSRP \$1,078.00**

**SALE \$830.00**

### Highlights:

- Workout almost any muscle group
- Stands strong against any weather type
- Adults and teenagers are welcome to try it out
- A distinctive fitness unit with many ways to exercise

**Age Group:** Adult

**Footprint:** 2' 8" x 7' 11"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



The Single Station Parallel Bars is unparalleled in its utility. This unique piece of fitness equipment can workout almost any muscle group. Dip exercises work the chest muscles as well as improve shoulder flexibility. Holding yourself up while extending your legs outwards works your core exponentially while strengthening your arms. You can even use them as a pull up bar. As far as overall health and convenience, you would be hard-pressed to find a unit better. The bars themselves are designed to withstand a significant amount of weight which prevents bending and warping. The steel that the unit is fashioned out of is designed to withstand rough use and inclement weather. This station pairs well with a less arm intensive unit like the Single Fit Rider. The Single Station Parallel Bars reward experimentation. In the right hands, this unit can alter lives for the better.