

## Single Wide Pendulum Swing

**MSRP \$1,732.00**

**SALE \$1,333.00**

### Highlights:

- Burns stomach and hip fat
- Low impact lower body workout
- Foothold is perforated and PVC coated
- Builds hip muscles and improves flexibility

**Age Group:** Adult

**Footprint:** 3' 1" x 4' 5"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



It will be easy to get into the full swing of workouts with the Single Wide Pendulum Swing. This piece of fitness equipment will work to strengthen the important skeletal muscles at the hip joint, including the hip flexors. Hip flexors play an important role in stabilizing the hips in the lower body, as well as play an important role in daily actions such as walking and climbing upstairs. The Royal Pendulum Swing allows two to workout together and the Triple Royal Pendulum Swing allows three. The Single Wide Pendulum Swing was built to stand strong in problematic weather. The footholder has holes that drain rainwater and its posts are powder-coat painted to resist rusting. Just hop on, grab the handle, swing back and forth, and begin your healthy journey. Select any two custom colors to create a look for your fitness area.