

## Triple Royal Sit Up Bench

**MSRP \$5,568.00**

**SALE \$4,284.00**

### Highlights:

- Perforated and comfortable seats
- Instructions are printed onto the unit
- Places for three people to workout together
- Can be used in multiple abdominal workouts

**Age Group:** Adult

**Footprint:** 7' 2" x 7' 10"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



The Triple Royal Sit Up Bench is an encouraging nudge towards physical improvement. This piece of fitness equipment is designed to specifically work and strengthen the abdominal muscles. Abdominal muscles are important core muscles that help to support and balance the entire body. This unit can be paired with a Triple Royal Dip Bars or the Triple Royal Leg Press for a more rounded workout. This unit has three different benches so that three people can do sit-ups together. The benches are close enough for exercisers to encourage their friends but far enough apart for three random people to feel comfortable while exercising. If the Triple Royal Sit Up Bench requires more space than you'd like to devote to an exercise area or simply don't have the room, the Double Sit Up Bench can hold two people and the Single Sit Up Bench can hold one. Whatever an individual may choose, an intense core workout is in their future. Up to two custom color variations are available for the powder-coat painted steel.