

## Vaulting Beam Recycled Fitness Trainer with Sign

**Price \$594.00**

### Highlights:

- Uses Recycled Structural Plastic to reduce plastic waste
- Instruction panel included for clear directions
- Exercise that is a great way to work on cardio, balance, and strength
- Can be used as a stretching beam



**Age Group:** 5 to 12 years

Release your inner gymnast with Play Mart's Vaulting Beam Recycled Fitness Trainer with Sign. Exercising on this inclined bar is a tremendous way to improve physical fitness. Users will increase their strength, balance, and coordination. A versatile structure, the unit can even be used as a stretching bar. Jumping over the beam serves as a good cardio workout that engages the lower body and core muscles. An inclined post with a panel of fitness exercise instructions is included to encourage physical fitness and dissuade people from misusing the item. Three support posts on the ends and middle of the beam minimize oscillation and keep it steady while exercising. The structure includes the use of Recycled Structural Plastic (RSP). Unlike the wooden versions of vaulting beams you sometimes find in parks, Play Mart's RSP material eliminates the problems of rotting and splintering. No more worrying about termites or fungus either! Play Mart's slim low-maintenance Vaulting Beam Recycled Fitness Trainer with Sign fits perfectly in any park or trail.