

Resistance Toner Exercise Loops

MSRP \$9.00

SALE \$6.00

Highlights:

- Great for toning and stretching
- Four resistance levels to choose from
- Perfect for those recovering from injury
- Various colors to easily distinguish resistance levels



Stretch and tone your muscles with the Resistance Toner Loops from Champion Sports. Cushioned handles on both ends of the bands offer a secure and comfortable grip so users can train for extended periods of time. And the closed loop design offers an additional layer of resistance that is ideal for stretching, making them perfect for any school, fitness class, or gym. Resistance bands are incredibly versatile pieces of equipment that can be added to any movement or exercise for a total body workout. With four levels of resistance to choose from, users can select their desired level of difficulty. Light bands can be used to work on a simple warm up or cool down. They are also great for those recovering from injury and are often used by physical therapists to accelerate the healing process. Athletes and people who want to work on fast twitch muscles can use the bands to increase their speed and agility. Those looking for a more challenging workout can use heavy bands or add them to their other exercises for increased difficulty.