

Royal Double Arm Rotation

MSRP \$3,016.00

SALE \$2,320.00

Highlights:

- Easy to rotate
- Can withstand brutal outdoor conditions
- Made with durable commercial grade material
- Use to stretch or workout arm, chest and upper back muscles

Age Group: Adult

Footprint: 3' 5" x 4'

COMPLIES With:

ASTM F1487-17

CPSC PUB #325



Loosen up tight shoulders and elbows with the Royal Double Arm Rotation. Whether you're a teen looking to get a quick workout in while your family is at the park or trying to start a healthier lifestyle, the Royal Double Arm Rotation is a simple exercise. Constructed from durable materials, like powder coat painted steel and rotationally molded plastic caps that keep water from ruining steel from the inside out, the system will service your area for years to come, and with the addition of a resistance mechanism, your users will get even more effective workouts. An instructional guide is attached to the front of the equipment; informing users of the proper techniques and benefits that come from using it. Meant for two users to use simultaneously, the unit is outfitted with four powder-coat painted steel cranks that stretch and tone arm muscles. Grasp the handles and feel the burn while turning them in a circular motion. This works out a variety of muscles including shoulders, forearms, biceps, and back muscles; making an all-around great fitness tool that'll help those in need of a healthier lifestyle. So don't be afraid to take on the challenge and change your life for the better.