

## Royal Double Sit Up Bench

**MSRP ~~\$3,876.00~~**

**SALE \$2,982.00**

### Highlights:

- Workout with a friend or alone
- Sit-ups become easy and comfortable
- Perforated bench that dispels water build ups
- Bars on the end hold your feet as you exercise

**Age Group:** Adult

**Footprint:** 5' x 5' 5"

### COMPLIES With:

ASTM F1487-17

CPSC PUB #325



The Royal Double Sit Up Bench is a convenient way to get some sit-ups in. Designed for comfort and functionality, this station is a catalyst for an active lifestyle. The seat is perforated and curved to prevent water pooling and to comfortably support the back. The majority of the station is comprised of steel that is powder coat painted for weather resistance with some rotationally molded gray plastic pieces such as the seat. This unit has instructions written directly on the central posts. These instructions outline the proper technique to prevent injury. The two bars on the end hold feet in place as users can do Sit-ups, Crunches, and many other variations for maximum workout efficacy. The Royal Double Sit Up Bench has two pieces of equipment; making your routine less lonely. Encourage those in your community to try a healthier lifestyle by placing this in your outdoor community spaces such as parks.