

Double Dip Station

MSRP \$994.00 SALE \$765.00

Highlights:

- Up to two users can exercise at once
- Develops core muscles through a variety of exercises
- Color coordinate with a choice of up to two custom colors
- Multiple uses that can be used when the machines are busy

Age Group: Adult **Footprint**: 1' 10" x 6' 1"

COMPLIES With:

ASTM F1487-17 CPSC PUB #325

Whether you want to create a large or small outdoor gym, having versatile equipment like the Double Dip Station, is important. The Double Dip Station consists of two sets of angled bars designed to handle the body weight of a full-grown adult. These can be used, as intended, when doing dips, but they can be used in a multitude of other exercises. Leg lifts require just a simple change in form to accomplish and with the elderly or those with injuries, the bars can be used as guides in squats providing handholds until they are able to accomplish them without the system to aid them. One of the greatest aspects of these bars is that there are two heights: a tall and a short. That allows for each user to find the most comfortable position for their exercise. If you feel patrons might need more help when using the bars, the Royal Dip Station provides the same great system with the addition of a guide on both sides. Choose any two of our custom fitness colors to create a piece that will fit with your particular park, area or community.

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